YVONNE NJOBVU

Social Worker | Mental Health Coach | Monitoring & Evaluation Professional

CONTACT

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Lusaka, Zambia

PROFESSIONAL SUMMARY

Compassionate and results-driven Social Work professional with over 8 years of comprehensive counseling, case management, and psychosocial support experience. Holds a ZAQA-verified Bachelor's degree in Social Work. Proven track record in delivering high-impact mental health interventions, crisis care, employee wellness programming, and community outreach. Highly skilled in site mobilization and stakeholder engagement, demonstrated through extensive work under the DREAMS initiative supporting vulnerable populations. Adept at addressing complex psychological stressors to foster emotional resilience and mental well-being within community and organizational settings.

CORE COMPETENCIES

- **Clinical & Psychosocial:** Psychosocial Counseling, Trauma-Informed Care, Group & Individual Interpersonal Therapy, Crisis Intervention, Mental Health Coaching.
- **Project & Field Operations:** Site Mobilization, Stakeholder Engagement, Community Entry Strategies, Vulnerable Population Advocacy.
- **Monitoring & Data Management:** M&E Data Collection, DHIS2, DREAMS DDIMA Database, Donor Compliance & Reporting.
- **Health & Prevention:** HIV Rapid Testing & Self-Testing, Biomedical Links (PrEP), Gender-Based Violence (GBV) Case Management, Behavioral Change Communication (BCC).
- **Standards & Ethics:** Healthcare Confidentiality, Patient Rights, ZAQA Standards, Zambian Social Work Legislative Frameworks.

PROFESSIONAL EXPERIENCE

Site Mobilization Officer | Young Women Christian Association (YWCA) – CHEKUP1 Project
Feb 2022 – Jun 2025 | Kitwe, Zambia

- Site Operations & Leadership: Spearheaded site mobilization and community entry strategies to deploy psychosocial support, health, and safety interventions across high-density target zones.
- Depression & Mental Health Interventions: Partnered with StrongMinds Zambia to implement evidence-based Interpersonal Group Therapy, successfully screening and treating depression among vulnerable adolescent girls and young women (AGYW).
- Case Management & Counseling: Delivered trauma-informed individual and group counseling for AGYW facing severe anxiety, trauma, GBV, stress, and substance abuse.

- Stakeholder & Community Engagement: Built and managed strategic relationships with local health authorities, traditional leaders, and multidisciplinary teams to secure safe spaces and target venues (HHPP).
- Monitoring & Evaluation: Entered and validated project data in the DREAMS DDIMA database, resolving data queries and utilizing reporting frameworks to evaluate program impact and ensure donor compliance.
- Workplace Resilience: Designed and facilitated proactive mental health and conflict resolution workshops, significantly boosting team morale and participant retention rates.

DREAMS Connector | Young Women Christian Association (YWCA) – Z-CHPP Project
Nov 2018 – Nov 2021 | Kitwe, Zambia

- Recruitment & Referral Focal Point: Screened and enrolled AGYW across schools, churches, and community safe spaces; served as the primary liaison between the DREAMS center and clinical facilities.
- HIV Testing & Indexing: Administered standard rapid HIV testing, distributed self-test kits, executed index testing for partner notification, and ensured direct linkage to care for HIV-positive clients.
- Biomedical & Prevention Linkages: Promoted biomedical prevention tools, facilitating referrals for Pre-Exposure Prophylaxis (PrEP), family planning, and reproductive healthcare.
- Team Supervision: Supervised and mentored field facilitators in implementing the Stepping Stones curriculum and managing safe spaces.
- Data Systems: Documented client records and accurately uploaded data into the national DHIS2 database.

DREAMS Mentor | Young Women Christian Association (YWCA) – Z-CHPP Project
Jan 2016 – Oct 2018 | Kitwe, Zambia

- Group Facilitation: Managed age-segregated safe spaces (ages 10–14, 15–19, 20–24) and delivered the 13-week Stepping Stones curriculum.
- Health Education: Educated young women on HIV/STI prevention, regular testing, PrEP, and family planning options to prevent teenage pregnancies.
- Escorted Referrals & Retention: Escorted AGYW to healthcare clinics for specialized care and conducted home follow-ups for participants missing consecutive sessions.
- Documentation: Maintained accurate daily attendance records and synchronized field data into DHIS2.

EDUCATION

Bachelor of Social Work (ZAQA-Verified)
DMI – St. Eugene University, Lusaka | 2022 – 2025

Diploma in Secondary School Teaching
Eden University, Lusaka | 2015 – 2017

Diploma in Social Work
Evelyn Hone College of Applied Arts and Commerce, Lusaka | 2008 – 2009

Certificate in General Education (ZAQA-Verified)
Matero Girls' Secondary School, Lusaka | 2004 – 2006

SHORT COURSES & CERTIFICATIONS

- Certificate in Safeguarding Essentials (Child Safeguarding) – Humanitarian Leadership Academy | 2026
- Certificate in Life Skills & Job Preparedness Training (SIYAKHA) – BANTWANA | 2022
- Certificate in Healthy Homes Parenting Program (HHPP) – PACT Zambia | 2021
- Certificate in HIV Rapid Testing – Ministry of Health / Partners | 2020
- Certificate in HIV Self-Testing – Ministry of Health / Partners | 2018
- Certificate in Nutrition – Population Council | 2014
- Certificate in Mentor Initial Training of Trainers (TOT) – Population Council | 2013
- Certificate in Computer Studies – Matero Boys' Secondary School | 2012
- Certificate in Psychosocial Counseling – Ministry of Health | 2011

PROFESSIONAL LICENSES & MEMBERSHIPS

- Licentiate Counselor – Practicing License
- Member – Social Workers Association of Zambia (SWAZ)

REFERENCE

Mubita Mubukwanu Mercy
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